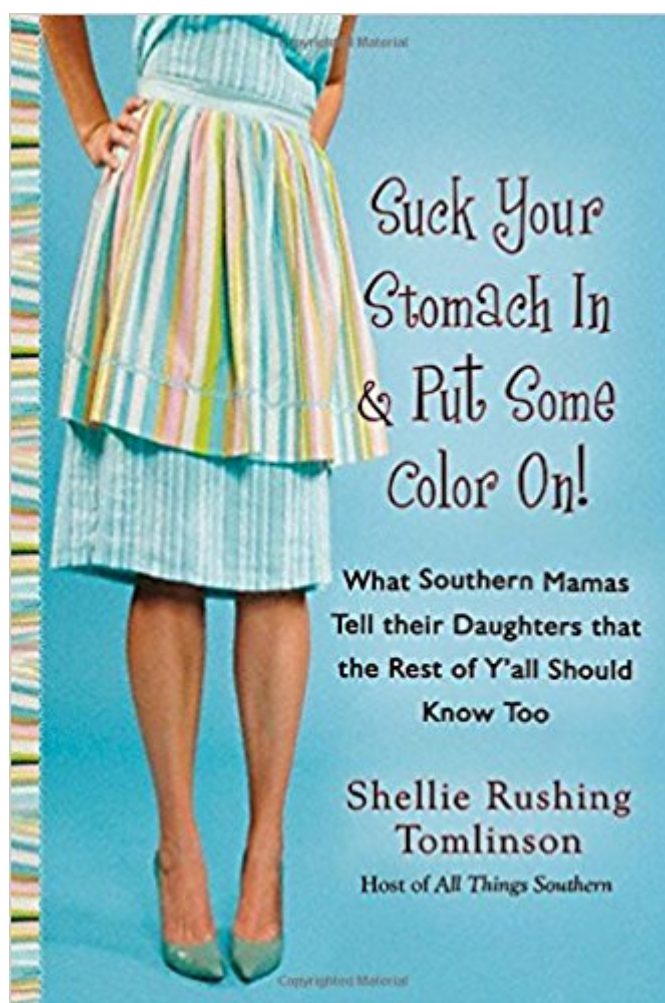


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# Suck Your Stomach In And Put Some Color On!: What Southern Mamas Tell Their Daughters That The Rest Of Y'all Should Know Too



## Synopsis

The host of All Things Southern shares the sass and strength of Southern mamas in this spunky guide to life. In this humorous handbook, Shellie Rushing Tomlinson, host of All Things Southern, reveals the all-important lessons Southern Mamas teach their daughters. Readers will discover why blue eye shadow is trashy and learn to interpret regional dialect like the Southern Mama APB, a bulletin translated on Southern streets as: "Give your heart to Jesus, girl, because your butt is all mine!" Shellie carefully breaks down the teachings behind those famous manners and social graces through her firsthand observations and dry wit. Here's everything you need to know from how to cope with the unexpected, compete in the Mr. Right Game Show, and raise children to how to keep that marriage knot tied tight over time. Woven with quotes from real Southern Mamas and sprinkled with recipes and other Southern secrets, this book's a bona-fide celebration of all things south of the Mason-Dixon Line.

## Book Information

Paperback: 304 pages

Publisher: Berkley (May 6, 2008)

Language: English

ISBN-10: 0425221342

ISBN-13: 978-0425221341

Product Dimensions: 5.4 x 0.7 x 8.3 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 92 customer reviews

Best Sellers Rank: #65,384 in Books (See Top 100 in Books) #24 in Books > Humor & Entertainment > Humor > Cooking #88 in Books > Humor & Entertainment > Humor > Parenting & Families #140 in Books > Humor & Entertainment > Humor > Self-Help & Psychology

## Customer Reviews

Shellie Rushing Tomlinson is the author of the award-winning nonfiction humor titles Suck Your Stomach In and Put Some Color On and Sue Ellen's Girl Ain't Fat, She Just Weighs Heavy! She is a popular blogger and speaker, and the host of the radio program All Things Southern LIVE. Tomlinson loves sharing humor and hope with audiences across the country. She and her husband have two grown children. They live and farm in Louisiana.

Shellie took me back home with her wonderful recounts of Southernisms. Although I grew up in the

same generation as her daughter, many of those Southern sayings stand the test of time. She is witty, charming, and wise. A true Southern Belle who makes you feel just as welcome in her book as she would her home. The recipes at the end of each chapter are just icing on the cake.

I took these books to a family reunion, and they kept disappearing, until I heard a crowd laughing. That's how I tracked my books!

funny

Not what I was expecting. But still a good read! Made me laugh out loud several times! & I read several passages aloud to my husband so he could laugh too :)

It was okay. I thought it would be funnier.

Cute Southern fluff, funny and familiar to Southern women everywhere. Enjoyed it a lot, good fun.

Shellie is very amusing and humorous ! Good book to read, it's a little all over the place but still was good. Seller was prompt and merchandise was in good condition

Great product, great transaction!

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